



intenz
cafetaria • lunchroom • ijssalon

LUNCH - DINER - DRANK



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Intenz genieten van onze heerlijke gerechten!

Heeft u een allergie, vraag onze medewerkers voor meer informatie.

LUNCH

SANDWICHES

choice of baguette, Italian bread, multigrain bread or soft bread

CHEESE	€ 4,50
GRILLED HAM	€ 3,80
BOILED EGG	€ 4,20
MEATBALL	€ 5,60

GRILLED SANDWICH

CHEESE	€ 4,90
HAM AND CHEESE	€ 5,10
HAWAII (with cheese, ham and pineapple)	€ 5,50

BOUNCERS

HAM AND CHEESE	€ 9,20
CARPACCIO	€ 12,00
INTENZ with ham, fried onion, tomato and melted cheese	€ 10,50

LUXURIOUS SANDWICHES

keuze uit Italiaanse bol, meergranen bol, ciabatta of stokbrood

CARPACCIO with sun-dried tomato, parmesan cheese, pine nuts, lettuce and a dressing	€ 9,50
SMOKED SALMON with cream cheese, red onion, tomato, lettuce and dill dressing	€ 10,40
BRIE with walnuts, honey and lettuce	€ 7,20
SMOKED CHICKEN FILLET with sun-dried tomato, lettuce, cucumber, red onion, pine nuts and a dressing	€ 8,20
HEALTHY with grilled ham, cheese, lettuce, raw vegetables, cucumber, tomato, egg, beef salad, and a dressing	€ 8,30
CHIVE CREAM CHEESE with tomato, cucumber, lettuce and red onion	€ 6,40
TWELVE O'CLOCK with a cup of soup of your choice, bread with ham/cheese, bread with crquette and a garnish	€ 11,50
THE LUXURY MEATBALL BREAD with fried mushroom/bacon/onion and tomato with a layer of melted cheese	€ 9,40
HOT CHICKEN	€ 9,00
PULLED PORK	€ 9,00
BREAD ROLL WITH STEWED MEAT	€ 9,00
BBQ CHICKEN with sweet and sour sauce and red onion	€ 9,00





LUNCH AND DINNER

MEAL SALADS

salades worden geserveerd met brood en roomboter

SMOKED SALMON	€ 14,00
with salad, tomato, cucumber, red onion, egg, croutons and a dressing	
CARPACCIO	€ 13,50
with salad, cucumber, tomato, red onion, parmesan cheese, pine nuts, sun-dried tomato and dressing	
SMOKED CHICKEN FILLET	€ 13,00
with salad, tomato, cucumber, red onion, sun-dried tomato, bacon, pine nuts and a dressing	

PANCAKES

NATURAL	€ 7,60
APPLE	€ 8,40
ANANAS	€ 8,40
BACON	€ 9,00
FARMERS	€ 10,70
CHILDREN'S PANCAKE (with a smiley face made out of fruits)	€ 8,00

HAMBURGERS

BASIC HAMBURGER	€ 4,20
with a soft bun, tomato, pickle, lettuce and hamburger sauce	
HAMBURGER SPECIAL	€ 4,70
with a soft bun, tomato, pickle, baked onion, mayonnaise, curry and lettuce	
CHEESEBURGER	€ 5,30
with a soft bun, tomato, pickle, cheese, lettuce and curry	
HAWAIIBURGER	€ 5,50
with a soft bun, tomato, pickle, cheese, pineapple, lettuce and curry	
BIG DOUBLE BURGER	€ 6,60
with a double burger, lettuce, tomato, pickle, baked onion and sauce	
CHICKEN BURGER	€ 5,30
with a soft bun, tomato, pickle, lettuce and joppie sauce	
CHICKEN HAWAIIBURGER	€ 5,50
with a soft bun, tomato, pickle, pineapple and cheese	
FISHBURGER	€ 5,50

LUXURIOUS HAMBURGERS

100% black angus beef, 200 grams on a luxury hamburger bun

HAMBURGER INTENZ	€ 8,60
with a luxury bun, hamburger, tomato, cucumber, lettuce, bacon, red onion and smokey barbecue sauce	
OLD AMSTERDAM BURGER	€ 9,60
with a luxury bun, hamburger, old Amsterdam cheese, tomato, cucumber, lettuce, bacon, red onion and smokey barbecue sauce	
HAMBURGER COMPLETE	€ 10,00
luxury bun, hamburger, tomato, cucumber, lettuce, red onion, cheese, baked egg, pineapple and smokey barbecue sauce	
BREAD SHOARMA WITH SAUCE	€ 8,70
BREAD SHOARMA WITH SAUCE, A LARGER PORTION	€ 11,20
BREAD SHOARMA WITH MUSHROOM/PIECES OF BACON/ONIONS/PAPRIKA	€ 10,50

SENIORS MENU

served with fries, raw vegetables, garnish and mayonnaise

SCHNITZEL SENIOR	€ 9,70
FARMER'S SCHNITZEL SENIOR WITH MUSHROOM/PIECES OF BACON/PAPRIKA/ONIONS	€ 10,80
SATÉ SENIOR	€ 10,00
SPARE-RIBS SENIOR	€ 15,50
PORK MEDALLIONS SENIOR WITH MUSHROOM SAUCE	€ 11,60
MIX GRILL SENIOR (STEAK, CHICKEN AND PORK MEDALLIONS)	€ 15,20
SALMON FILLET SENIOR	€ 15,50

BAKED POTATOES INSTEAD OF FRIES IS €2,10 EXTRA



LUNCH AN DINNER

VEGETARIAN DISHES

VEGETARIAN SALAD	€ 9,95
VEGETARIAN WRAP	€ 11,95

EASTERN DISHES

BAMI	€ 13,50
with saté, peanut sauce, baked egg and atjar	
NASI	€ 13,50
with saté, peanut sauce, baked egg and atjar	

CHILDREN'S MENU

fresh fries, snack, apple sauce, a surprise and an ice cream

FRIKANDEL	€ 9,00
CROQUETTE	€ 9,00
SAUSAGE	€ 9,00
CHICKEN NUGGETS (6 PIECES)	€ 9,00
SCHNITZEL	€ 10,50
SPARE-RIBS	€ 14,00
PANCAKES	€ 9,10



LUNCH AND DINNER

APPETIZER

TOMATO SOUP	€ 5,50
VEGETABLE SOUP	€ 5,50
MUSHROOMSOUP	€ 5,50
CARPACCIO	€ 11,20
salad, cucumber, tomato, red onion, parmesan cheese, pine nuts, sun-dried tomato and dressing	
SALMON ON TOAST	€ 9,80
SMOKED CHICKEN FILLET	€ 8,80
with curry mayonnaise and a sun-dried tomato	
CHAMPIGNONS IN BIERBESLAG	€ 8,80
GUETTE BASKET	€ 5,10
LUXURIOUS BREADBOARD	€ 8,40
various types of bread with divers types of sauces	





PLATE SERVICE

served with fries, mayonnaise and raw vegetables

PLATE SCHNITZEL	€ 13,50
PLATE FARMER'S SCHNITZEL WITH MUSHROOM/PIECES OF BACON/PAPRIKA/ONIONS	€ 15,50
PLATE SPARE-RIBS	€ 21,00
PLATE SATÉ	€ 14,00
PLATE STEAK	€ 19,00
PLATE PORK MEDALLIONS	€ 16,00
PLATE MIX GRILL	€ 18,50
PLATE SALMON FILLET	€ 21,50
PLATE CHICKEN SCHNITZEL	€ 14,50
PLATE CHOP	€ 13,50
PLATE HALF ROOSTER	€ 15,00
PLATE HAMBUCER INTENZ	€ 14,00
PLATE SHOARMA	€ 14,00
PLATE FARMER'S SHOARMA WITH MUSHROOM/PIECES OF BACON/PAPRIKA/ONIONS	€ 15,50
PLATE SHASLICK	€ 13,00
PLATE MEATBALL	€ 11,50
PLATE RIBS AND WINGS	€ 18,00
PLATE PRIME RIB	€ 21,00
PLATE FRIED SHRIMPS (8 PIECES)	€ 14,00
PLATE CHICKEN SATAY	€ 18,00

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FRESH FRIES

PLATE OF FRESH FRIES	€ 3,60
PLATE OF BAKED POTATOES	€ 5,00
PLATE OF FRIES STEW	€ 9,00
PLATE OF FARMER'S FRIES	€ 6,30
KAPSALON	€ 9,50
FRIES PULLED PORK	€ 9,50

SNACKS

FRIKANDEL	€ 2,50
FRIKANDEL SPECIAL	€ 3,30
FRIKANDEL XXL	€ 4,90
FRIKANDEL XXL-SPECIAL	€ 5,90
CROQUETTE	€ 3,00
GOULASH CROQUETTE	€ 2,90
VEAL CROQUETTE	€ 3,00
SATE KROKET	€ 3,00
BAMI SNACK	€ 2,80
NASI SNACK	€ 2,80
CHICKEN CORN	€ 2,90
SITOSTICK	€ 3,70
SHOARMA ROLL	€ 3,70
SATÉ ROLL	€ 3,70
FOOD ROLL	€ 3,70
MEATBALL WITH SAUCE	€ 4,50
TREHAP WITH PEANUT SAUCE	€ 4,10
FARMER'S TREHAP WITH BACON/PAPRIKA/ONION	€ 5,20
TRIO WITH SAUCE	€ 3,70
BOERENBROK	€ 3,20
MEXICANO	€ 3,00
HAMBURGER	€ 3,00
CHICKEN SATAY	€ 8,00
PIKANTO	€ 3,00
BRATWURST	€ 3,20
FRIED SHRIMP (8 PIECES)	€ 14,00
FIANDEL	€ 3,10

SAUSAGE	€ 3,10
SPRING ROLL	€ 4,70
SPRING ROLL SPECIAL	€ 6,00
LOEMPIDEL	€ 3,50
MINI SPRING ROLLS (2 PIECES)	€ 3,70
BITTER BALLS (6 PIECES)	€ 4,80
BITTER GARNISH (8 PIECES)	€ 5,80
CHICKEN NUGGETS (6 PIECES)	€ 3,80
HOTWINGS (6 PIECES)	€ 5,30
SMALL SALAD	€ 3,50

VEGETARIAN SNACKS

VEGETARIAN CROQUETTE	€ 3,30
VEGETARIAN MINI SPRING ROLLS	€ 3,70
VEGETARIAN VEGETABLE CROQUETTE	€ 2,80
VEGETARIAN BAMI SNACK	€ 2,80
VEGETARIAN CHEESE SOUFLÉ	€ 2,80
VEGETARIAN CHICKEN BURGER	€ 5,20
VEGETARIAN CHEESE STICKS	€ 5,10

SAUCES

MAYONNAISE/CURRY/KETCHUP	€ 0,80
JOPPIE/JAMBALLA SAUCE	€ 1,00
SPECIAL/WAR/PEANUT SAUCE	€ 1,00
GARLIC/COCKTAIL	€ 1,00
GYPSY SAUCE/HUNTER SAUCE	€ 2,00



DRINKS

WARM DRINKS

COFFEE	€ 3,10
LUXURIOUS COFFEE	€ 4,10
CAPPUCCINO	€ 3,50
LUXURIOUS CAPPUCCINO	€ 4,50
LUXURIOUS COFFEE WRONG	€ 4,50
LATTE MACCHIATO	€ 4,20
LUXURIOUS LATTE MACCHIATO	€ 5,20
LUXURIOUS EXPRESSO	€ 4,10
THEE	€ 3,00
LUXURIOUS THEE	€ 4,00
HOT CHOCOLATE MILK	€ 3,40
HOT CHOCOLATE MILK WITH WHIPPED CREAM	€ 4,40
ICE COFFEE	€ 7,20
IRISH COFFEE	€ 7,50
SPANISH COFFEE	€ 7,50
FRENCH COFFEE	€ 7,50
EXTRA WHIPPED CREAM	€ 1,00

PIE

APPLE PIE	€ 3,80
SHUTTERED WAFFLE with hot cherries and whipped cream	€ 4,60



COLD DRINKS

COLA, COLA LIGHT	€ 3,10
SINAS, 7-UP	€ 3,10
CASSIS, TONIC,	€ 3,10
BITTER LEMON, APPLE JUICE	€ 3,10
ICE TEA, ICE TEA GREEN	€ 3,50
RIVELLA	€ 3,60
SOURCY ROOD/BLAUW	€ 3,10
FRESH ORANGE JUICE	€ 4,80
FRISTI/CHOCOLATE MILK	€ 3,40
MILK	€ 2,90
BUBBLE TEA	€ 5,25

ALCOHOLIC BEVERAGES

GROLSH OR HEINEKEN	€ 3,30
HALF A LITER OF GROLSCH	€ 4,50
SEASONAL BEER	€ 4,00
RADLER LEMON 0%	€ 3,60
BAVARIA 0%	€ 3,60
GLASS OF RED WINE	€ 4,60
GLASS OF WHITE DRY / SWEET WINE	€ 4,60
GLASS OF ROSE WINE	€ 4,60



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FIXED DAILY BITE

special offers, fixed days, every week

TUESDAY: PLATE SATÉ € 12,50

WEDNESDAY: PLATE SHOARMA € 12,50

THURSDAY: PLATE SCHNITZEL € 12,50

FRIDAY: PLATE SPARE-RIBS € 20,00

SATURDAY: PLATE HAMBURGER INTENZ € 13,00

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