



**intenz**  
cafetaria ★ lunchroom ★ ijssalon

**LUNCH - DINER - DRANK**



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*Intenz genieten van onze heerlijke gerechten!*

*Heeft u een allergie, vraag onze medewerkers voor meer informatie.*

## LUNCH

### SANDWICHES

choice of baguette, Italian bread, multigrain bread or soft bread

|             |        |
|-------------|--------|
| CHEESE      | € 4,40 |
| GRILLED HAM | € 3,70 |
| BOILED EGG  | € 4,10 |
| MEATBALL    | € 5,40 |

### GRILLED SANDWICH

|                                         |        |
|-----------------------------------------|--------|
| CHEESE                                  | € 4,70 |
| HAM AND CHEESE                          | € 4,90 |
| HAWAII (with cheese, ham and pineapple) | € 5,30 |

### BOUNCERS

|                                                 |         |
|-------------------------------------------------|---------|
| HAM AND CHEESE                                  | € 8,90  |
| CARPACCIO                                       | € 11,40 |
| INTENZ                                          | € 9,90  |
| with ham, fried onion, tomato and melted cheese |         |

### LUXURIOUS SANDWICHES

keuze uit Italiaanse bol, meergranen bol, ciabatta of stokbrood

|                                                                                                      |         |
|------------------------------------------------------------------------------------------------------|---------|
| CARPACCIO                                                                                            | € 9,10  |
| with sun-dried tomato, parmesan cheese, pine nuts, lettuce and a dressing                            |         |
| SMOKED SALMON                                                                                        | € 9,90  |
| with cream cheese, red onion, tomato, lettuce and dill dressing                                      |         |
| BRIE                                                                                                 | € 7,10  |
| with walnuts, honey and lettuce                                                                      |         |
| SMOKED CHICKEN FILLET                                                                                | € 8,10  |
| with sun-dried tomato, lettuce, cucumber, red onion, pine nuts and a dressing                        |         |
| HEALTHY                                                                                              | € 8,20  |
| with grilled ham, cheese, lettuce, raw vegetables, cucumber, tomato, egg, beef salad, and a dressing |         |
| CHIVE CREAM CHEESE                                                                                   | € 6,30  |
| with tomato, cucumber, lettuce and red onion                                                         |         |
| TWELVE O'CLOCK                                                                                       | € 11,00 |
| with a cup of soup of your choice, bread with ham/cheese, bread with crquette and a garnish          |         |
| THE LUXURY MEATBALL BREAD                                                                            | € 9,10  |
| with fried mushroom/bacon/onion and tomato with a layer of melted cheese                             |         |
| HOT CHICKEN                                                                                          | € 8,80  |
| PULLED PORK                                                                                          | € 8,80  |
| BREAD ROLL WITH STEWED MEAT                                                                          | € 8,80  |
| BBQ CHICKEN                                                                                          | € 8,80  |
| with sweet and sour sauce and red onion                                                              |         |



## LUNCH AND DINNER

### MEAL SALADS

salades worden geserveerd met brood en roomboter

|                                                                                                    |         |
|----------------------------------------------------------------------------------------------------|---------|
| SMOKED SALMON                                                                                      | € 13,50 |
| with salad, tomato, cucumber, red onion, egg, croutons and a dressing                              |         |
| CARPACCIO                                                                                          | € 13,00 |
| with salad, cucumber, tomato, red onion, parmesan cheese, pine nuts, sun-dried tomato and dressing |         |
| SMOKED CHICKEN FILLET                                                                              | € 12,30 |
| with salad, tomato, cucumber, red onion, sun-dried tomato, bacon, pine nuts and a dressing         |         |

### PANCAKES

|                                                            |         |
|------------------------------------------------------------|---------|
| NATURAL                                                    | € 7,30  |
| APPLE                                                      | € 8,10  |
| ANANAS                                                     | € 8,10  |
| BACON                                                      | € 8,70  |
| FARMERS                                                    | € 10,20 |
| CHILDREN'S PANCAKE (with a smiley face made out of fruits) | € 7,60  |

### HAMBURGERS

|                                                                             |        |
|-----------------------------------------------------------------------------|--------|
| BASIC HAMBURGER                                                             | € 4,10 |
| with a soft bun, tomato, pickle, lettuce and hamburger sauce                |        |
| HAMBURGER SPECIAL                                                           | € 4,60 |
| with a soft bun, tomato, pickle, baked onion, mayonnaise, curry and lettuce |        |
| CHEESEBURGER                                                                | € 5,10 |
| with a soft bun, tomato, pickle, cheese, lettuce and curry                  |        |
| HAWAIIBURGER                                                                | € 5,20 |
| with a soft bun, tomato, pickle, cheese, pineapple, lettuce and curry       |        |
| BIG DOUBLE BURGER                                                           | € 6,30 |
| with a double burger, lettuce, tomato, pickle, baked onion and sauce        |        |
| CHICKEN BURGER                                                              | € 5,10 |
| with a soft bun, tomato, pickle, lettuce and joppie sauce                   |        |
| CHICKEN HAWAIIBURGER                                                        | € 5,30 |
| with a soft bun, tomato, pickle, pineapple and cheese                       |        |
| FISHBURGER                                                                  | € 5,30 |

## LUXURIOUS HAMBURGERS

100% black angus beef, 200 grams on a luxury hamburger bun

|                                                                                                                           |         |
|---------------------------------------------------------------------------------------------------------------------------|---------|
| HAMBURGER INTENZ                                                                                                          | € 8,30  |
| with a luxury bun, hamburger, tomato, cucumber, lettuce, bacon, red onion and smokey barbecue sauce                       |         |
| OLD AMSTERDAM BURGER                                                                                                      | € 9,30  |
| with a luxury bun, hamburger, old Amsterdam cheese, tomato, cucumber, lettuce, bacon, red onion and smokey barbecue sauce |         |
| HAMBURGER COMPLETE                                                                                                        | € 9,50  |
| luxury bun, hamburger, tomato, cucumber, lettuce, red onion, cheese, baked egg, pineapple and smokey barbecue sauce       |         |
| BREAD SHOARMA WITH SAUCE                                                                                                  | € 8,40  |
| BREAD SHOARMA WITH SAUCE, A LARGER PORTION                                                                                | € 10,70 |
| BREAD SHOARMA WITH MUSHROOM/PIECES OF BACON/ONIONS/PAPRIKA                                                                | € 10,00 |

## SENIORS MENU

served with fries, raw vegetables, garnish and mayonnaise

|                                                                        |         |
|------------------------------------------------------------------------|---------|
| SCHNITZEL SENIOR                                                       | € 9,50  |
| FARMER'S SCHNITZEL SENIOR WITH MUSHROOM/PIECES OF BACON/PAPRIKA/ONIONS | € 10,50 |
| SATÉ SENIOR                                                            | € 9,80  |
| SPARE-RIBS SENIOR                                                      | € 14,95 |
| PORK MEDALLIONS SENIOR WITH MUSHROOM SAUCE                             | € 11,40 |
| MIX GRILL SENIOR (STEAK, CHICKEN AND PORK MEDALLIONS)                  | € 14,70 |
| SALMON FILLET SENIOR                                                   | € 14,95 |

BAKED POTATOES INSTEAD OF FRIES IS €2,00 EXTRA



# LUNCH AN DINNER

## VEGETARIAN DISHES

|                  |         |
|------------------|---------|
| VEGETARIAN SALAD | € 9,95  |
| VEGETARIAN WRAP  | € 11,95 |

## EASTERN DISHES

|                                              |         |
|----------------------------------------------|---------|
| BAMI                                         | € 13,00 |
| with saté, peanut sauce, baked egg and atjar |         |
| NASI                                         | € 13,00 |
| with saté, peanut sauce, baked egg and atjar |         |

## CHILDREN'S MENU

fresh fries, snack, apple sauce, a surprise and an ice cream

|                            |         |
|----------------------------|---------|
| FRIKANDEL                  | € 8,80  |
| CROQUETTE                  | € 8,80  |
| SAUSAGE                    | € 8,80  |
| CHICKEN NUGGETS (6 PIECES) | € 8,80  |
| SCHNITZEL                  | € 10,20 |
| SPARE-RIBS                 | € 12,70 |
| PANCAKES                   | € 8,80  |



# LUNCH AND DINNER

## APPETIZER

|                                                                                                  |         |
|--------------------------------------------------------------------------------------------------|---------|
| TOMATO SOUP                                                                                      | € 5,30  |
| VEGETABLE SOUP                                                                                   | € 5,30  |
| MUSHROOMSOUP                                                                                     | € 5,30  |
| CARPACCIO                                                                                        | € 10,70 |
| salad, cucumber, tomato, red onion, parmesan cheese,<br>pine nuts, sun-dried tomato and dressing |         |
| SALMON ON TOAST                                                                                  | € 9,70  |
| SMOKED CHICKEN FILLET                                                                            | € 8,70  |
| with curry mayonnaise and a sun-dried tomato                                                     |         |
| CHAMPIGNONS IN BIERBESLAG                                                                        | € 8,70  |
| GUETTE BASKET                                                                                    | € 5,00  |
| LUXURIOUS BREADBOARD                                                                             | € 8,20  |
| various types of bread with divers types of sauces                                               |         |





# PLATE SERVICE

served with fries, mayonnaise and raw vegetables

|                                                                       |         |
|-----------------------------------------------------------------------|---------|
| PLATE SCHNITZEL                                                       | € 13,00 |
| PLATE FARMER'S SCHNITZEL WITH MUSHROOM/PIECES OF BACON/PAPRIKA/ONIONS | € 15,00 |
| PLATE SPARE-RIBS                                                      | € 20,00 |
| PLATE SATÉ                                                            | € 13,50 |
| PLATE STEAK                                                           | € 17,50 |
| PLATE PORK MEDALLIONS                                                 | € 15,50 |
| PLATE MIX GRILL                                                       | € 17,70 |
| PLATE SALMON FILLET                                                   | € 19,50 |
| PLATE CHICKEN SCHNITZEL                                               | € 14,00 |
| PLATE CHOP                                                            | € 13,00 |
| PLATE HALF ROOSTER                                                    | € 14,50 |
| PLATE HAMBURGER INTENZ                                                | € 13,50 |
| PLATE SHOARMA                                                         | € 13,50 |
| PLATE FARMER'S SHOARMA WITH MUSHROOM/PIECES OF BACON/PAPRIKA/ONIONS   | € 15,00 |
| PLATE SHASLICK                                                        | € 12,50 |
| PLATE MEATBALL                                                        | € 11,30 |
| PLATE RIBS AND WINGS                                                  | € 17,50 |
| PLATE PRIME RIB                                                       | € 19,00 |
| PLATE FRIED SHRIMPS (8 PIECES)                                        | € 13,50 |
| PLATE CHICKEN SATAY                                                   | € 17,50 |

BAKED POTATOES INSTEAD OF FRIES IS €2,00 EXTRA



## FRESH FRIES

|                         |        |
|-------------------------|--------|
| PLATE OF FRESH FRIES    | € 3,60 |
| PLATE OF BAKED POTATOES | € 4,70 |
| PLATE OF FRIES STEW     | € 8,70 |
| PLATE OF FARMER'S FRIES | € 6,20 |
| KAPSALON                | € 9,20 |
| FRIES PULLED PORK       | € 9,20 |

## SNACKS

|                                          |         |
|------------------------------------------|---------|
| FRIKANDEL                                | € 2,40  |
| FRIKANDEL SPECIAL                        | € 3,20  |
| FRIKANDEL XXL                            | € 4,70  |
| FRIKANDEL XXL-SPECIAL                    | € 5,70  |
| CROQUETTE                                | € 2,80  |
| GOULASH CROQUETTE                        | € 2,70  |
| VEAL CROQUETTE                           | € 2,70  |
| SATE KROKET                              | € 2,90  |
| BAMI SNACK                               | € 2,70  |
| NASI SNACK                               | € 2,70  |
| CHICKEN CORN                             | € 2,80  |
| SITOSTICK                                | € 3,60  |
| SHOARMA ROLL                             | € 3,60  |
| SATÉ ROLL                                | € 3,60  |
| FOOD ROLL                                | € 3,60  |
| MEATBALL WITH SAUCE                      | € 4,30  |
| TREHAP WITH PEANUT SAUCE                 | € 4,00  |
| FARMER'S TREHAP WITH BACON/PAPRIKA/ONION | € 5,00  |
| TRIO WITH SAUCE                          | € 3,60  |
| BOERENBROK                               | € 3,10  |
| MEXICANO                                 | € 2,90  |
| HAMBURGER                                | € 2,90  |
| CHICKEN SATAY                            | € 7,70  |
| PIKANTO                                  | € 2,90  |
| BRATWURST                                | € 3,10  |
| FRIED SHRIMP (8 PIECES)                  | € 13,00 |
| FIANDEL                                  | € 3,00  |

|                              |        |
|------------------------------|--------|
| SAUSAGE                      | € 3,00 |
| SPRING ROLL                  | € 4,50 |
| SPRING ROLL SPECIAL          | € 5,80 |
| LOEMPIDEL                    | € 3,40 |
| MINI SPRING ROLLS (2 PIECES) | € 3,60 |
| BITTER BALLS (6 PIECES)      | € 4,70 |
| BITTER GARNISH (8 PIECES)    | € 5,70 |
| CHICKEN NUGGETS (6 PIECES)   | € 3,70 |
| HOTWINGS (6 PIECES)          | € 5,10 |
| SMALL SALAD                  | € 3,40 |

## VEGETARIAN SNACKS

|                                |        |
|--------------------------------|--------|
| VEGETARIAN MINI SPRING ROLLS   | € 3,60 |
| VEGETARIAN VEGETABLE CROQUETTE | € 2,70 |
| VEGETARIAN BAMI SNACK          | € 2,70 |
| VEGETARIAN CHEESE SOUFLE       | € 2,70 |
| VEGETARIAN BONITA              | € 2,90 |
| VEGETARIAN CHICKEN BURGER      | € 5,10 |

## SAUCES

|                          |        |
|--------------------------|--------|
| MAYONNAISE/CURRY/KETCHUP | € 0,80 |
| JOPPIE/JAMBALLA SAUCE    | € 1,00 |
| SPECIAL/WAR/PEANUT SAUCE | € 1,00 |
| GARLIC/COCKTAIL          | € 1,00 |
| GYPSY SAUCE/HUNTER SAUCE | € 2,00 |



## DRINKS

### WARM DRINKS

|                                      |        |
|--------------------------------------|--------|
| COFFEE                               | € 3,00 |
| LUXURIOUS COFFEE                     | € 4,10 |
| CAPPUCCINO                           | € 3,40 |
| LUXURIOUS CAPPUCCINO                 | € 4,40 |
| LUXURIOUS COFFEE WRONG               | € 4,40 |
| LATTE MACCHIATO                      | € 3,80 |
| LUXURIOUS LATTE MACCHIATO            | € 4,80 |
| LUXURIOUS EXPRESSO                   | € 4,40 |
| THEE                                 | € 3,00 |
| LUXURIOUS THEE                       | € 4,00 |
| HOT CHOCOLATEMILK                    | € 3,20 |
| HOT CHOCOLATEMILK WITH WHIPPED CREAM | € 4,10 |
| ICE COFFEE                           | € 6,30 |
| IRISH COFFEE                         | € 6,60 |
| SPANISH COFFEE                       | € 6,60 |
| FRENCH COFFEE                        | € 6,60 |
| EXTRA WHIPPED CREAM                  | € 1,00 |

### PIE

|                                                         |        |
|---------------------------------------------------------|--------|
| APPLEPIE                                                | € 3,50 |
| SHUTTERED WAFFLE<br>with hot cherries and whipped cream | € 4,40 |



### COLD DRINKS

|                           |        |
|---------------------------|--------|
| COLA, COLA LIGHT          | € 3,00 |
| SINAS, 7-UP               | € 3,00 |
| CASSIS, TONIC,            | € 3,00 |
| BITTER LEMON, APPLE JUICE | € 3,00 |
| ICE TEA, ICE TEA GREEN    | € 3,30 |
| RIVELLA                   | € 3,40 |
| SOURCY ROOD/BLAUW         | € 3,00 |
| FRESH ORANGE JUICE        | € 4,30 |
| FRISTI/CHOCOLATEMILK      | € 3,10 |
| MILK                      | € 2,80 |
| BUBBLE TEA                | € 5,10 |

### ALCOHOLIC BEVERAGES

|                                 |        |
|---------------------------------|--------|
| GROLSH OR HEINEKEN              | € 3,20 |
| HALF A LITER OF GROLSCH         | € 4,30 |
| SEASONAL BEER                   | € 3,60 |
| RADLER LEMON 0%                 | € 3,40 |
| BAVARIA 0%                      | € 3,40 |
| GLASS OF RED WINE               | € 4,20 |
| GLASS OF WHITE DRY / SWEET WINE | € 4,20 |
| GLASS OF ROSE WINE              | € 4,20 |



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## FIXED DAILY BITE

special offers, fixed days, every week

**TUESDAY:** PLATE SATÉ € 12,00

**WEDNESDAY:** PLATE SHOARMA € 12,00

**THURSDAY:** PLATE SCHNITZEL € 12,00

**FRIDAY:** PLATE SPARE-RIBS € 18,50

**SATURDAY:** PLATE HAMBURGER INTENZ € 12,00

BAKED POTATOES INSTEAD OF FRIES IS €2,00 EXTRA

